



FONDAZIONE  
INTERNAZIONALE  
MENARINI

## **ECHOCARDIOGRAPHY: TRAINING IS ESSENTIAL TO INCREASE KNOWLEDGE**

**Update for Cardiology. Update in echocardiography for the practitioner** was the topic of the international Symposium that represent the first time in Africa of Fondazione Internazionale Menarini.

200 hundred doctors attended the latest international symposium on **Update for Cardiology. Update in echocardiography for the practitioner**, that was held in Mombasa, on July 25th, with an unrestricted grant by **Fondazione Internazionale Menarini**.

The international symposium was organized by Kenya Cardiac Society (Nairobi - KE), Advocate Aurora Health Care (Milwaukee - WI) and Aga Khan University Hospital (Nairobi – KE).

The congress was an extraordinary event that offered great interaction opportunities on scientific and technological improvements in cardiac ultrasound, an opportunity to teach advanced diagnosing techniques to the new generation of medical professionals.

This was the first time that Fondazione Internazionale Menarini met a congress in Africa.

Ultrasound echocardiography is one of the **most important noninvasive technique** helping professionals to **diagnose strokes, heart failures and clots and visualize cardiac biomechanics**.

*"Kenia Cardiac Society works closely with the Ministry of Health and has in the past year contributed in the development of the **first Kenyan National Cardiovascular Guidelines**", said Prof. Bernard Gitura, president of Kenia Cardiac Society and one of the President of the meeting.*

Prof. Gitura also remarked upon the relevance of providing training to young doctors.

*"People who are able to perform a good echocardiography in the county hospital are still very few. We hope moving forward to be able to create more and more partnership to advance echocardiography in this country and provide this important service to our people", said Prof. Bernard Gitura.*

This event is also the first congress in East Africa dedicated to this issues. A milestone, for **Prof. Bijoy Khandheria**, cardiologist from Aurora Health in Milwaukee, and one of the President of the meeting.

*"The quest and the desire for knowledge in this part of the world is out of normal. You can see from the attendees and delegates who are sitting and listening every lecture very carefully, how important is to receive this knowledge", Prof. Khandheria said.*

Public health systems in Kenya is essentially focused on AIDS, malaria, tuberculosis and tropical fevers, so few resources are directed to heart ailments and noncommunicable diseases.

*"We need to train our healthcare provider to identify these noncommunicable diseases. It need to be done at a much wider level. Echo is a cheap test, something that can be used in all part of this country",* Dr. Anders Barasa, Consultant Cardiologist at the Department of Medicine at Aga Khan University Hospital said.

We would be pleased if you could mention the event in your media outlets.

Latest info about all press activities can be found on [www.fondazione-menarini.it](http://www.fondazione-menarini.it)

For further information, please contact me.

Best regards

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